

Rule 26 – Offensive Timekeeper reads as follows:

- (a) The Offensive Timekeeper shall be equipped with a separate timing device (thirty-second clock) and a horn with which to signal the Referees whenever a violation of the thirty-second rule occurs.
- (b) The Offensive Timekeeper shall operate the thirty-second clock during a short-handed situation to assist the Referees in administering the ten-second rule, however, the Referees shall stop the play (i.e. the horn will not sound).
- (c) The Offensive Timekeeper shall operate the thirty-second clock during a short-handed situation when the goalkeeper, or substitute player for the goalkeeper, enters the attacking zone.

NOTE: In Minor Lacrosse, the Offensive Timekeeper shall operate the thirty-second clock during all possessions.

Rule 68 – Thirty Second Rule reads as follows:

- (a) The offensive team (unless short-handed) shall be required to take a shot on goal within thirty seconds of gaining possession. Failure to do so will result in the Offensive Timekeeper sounding a horn. The ball shall be immediately recovered by or possession awarded to the non-offending team.

If, while short-handed, a team's goalkeeper or the substitute player for their goalkeeper enters the attacking zone, the Offensive Timekeeper shall start the thirty second clock and the thirty second rule shall remain in effect for that possession.

NOTE: In Minor Lacrosse, the offensive team shall be required to take a shot on goal within thirty seconds of gaining possession. Failure to do so will result in the offensive timekeeper sounding a horn. The referees will stop the play and award possession to the non-offending team.

NOTE: The thirty-second horn does not stop the play, only the Referees' whistle stops the play.

NOTE: A shot on goal shall be defined as the ball making contact with the goalkeeper (while the goalkeeper is within the crease), goal posts or crossbar prior to crossing the goal line. The shot must originate from the front or side of the goal.

- (b) Any stoppage in play (except for time outs or a ball lodged in a stick) shall cause the thirty-second clock to reset.
- (c) The thirty-second clock shall reset when the defensive team gains possession.

It shall be ruled that the Referee's whistle sounded simultaneously with the Timekeeper's horn if a goal is scored (i.e. the goal shall be disallowed if the horn sounded before the ball was in the goal).

Rule 36 – Change of players/Too many players

- (a) Players may be changed during any stoppage in play for a face-off. Players may be changed at any other time from the players' bench, provided the player(s) leaving the playing surface have one foot in the exchange area before the substitute player makes contact with the floor. Violation by the offensive team shall result in possession being awarded to the non-offending team. Violation by the defensive team shall result in a delayed bench minor penalty to the offending team. Bench minor penalties require the removal of any player on the offending team (other than the designated goalkeepers) without substitute for two minutes, unless terminated early by a goal.
- (b) A minor penalty for illegal substitution shall be assessed to a player who after termination of his/her penalty proceeds to his/her players' bench by some route other than the playing floor.

- (c) If a defensive team places too many players on the playing surface and, if by reason of insufficient time or penalties already assessed, the bench minor penalty cannot be served in its entirety within regulation time or the first overtime period, a penalty shot shall be awarded to the non-offending team.

Rule 12 – Goalkeeper’s Equipment

- (a) With the exception of the stick, all equipment worn by a goalkeeper must be solely constructed for the purpose of protection of the head or body, and must not include anything which would give the goalkeeper undue assistance in keeping goal. All designs and materials shall be approved by the CLA.
- (b) The goalkeeper shall wear an approved facemask and throat guard.
- (c) The goalkeeper shall wear approved gloves for lacrosse, not altered in any manner from the manufactured form.

NOTE: Trappers and blockers are not allowed.

- (d) The goalkeeper shall be allowed the use of approved lacrosse leg guards, but at no time shall be allowed the use of felt or other material beyond the edge of the shin protector.
- (e) The goalkeeper shall be allowed the use of approved chest, shoulder, arm pads, leg guards and pants. All this equipment must conform to the shape of the body and must not include anything which would give the goalkeeper undue assistance in keeping goal.
- (f) The goalkeeper shall not be allowed the use of abdominal aprons or a sweater extending down the front of the thighs on the outside of the pants, below the crotch area. This prohibits the use of any type of material added to the team sweater.
- (g) The goalkeeper shall be allowed the use of approved safety toed shoes.
- (h) All protective equipment except gloves, headwear, shoes or leg guards, must be worn entirely under the goalkeeper’s uniform.
- (i) Examination of a goalkeeper’s equipment shall be performed during the first stoppage in play after a request by the Captain/Alternate Captain. A minor penalty and a game misconduct shall be assessed to a goalkeeper using illegal equipment. Any player who was on the floor at the time of the infraction shall serve a goalkeeper penalty. A bench minor penalty shall be assessed to a team requesting the examination, provided that the equipment is legal. Bench minor penalties require the removal of any player on the offending team (other than the designated goalkeepers) without substitute for two minutes, unless terminated early by a goal.

NOTE: Equipment number sizing by age category/division can be found in Appendix A of this rulebook. Number 3 sizes for Junior and Senior will be measured prior to the game. All age category/division equipment **MUST** conform to the body. Number sizing for Minor Lacrosse will become effective for the 2009 season and beyond.

- (j) A goalkeeper may not receive equipment thrown on the playing floor from any part of the box, but may receive equipment from a teammate without proceeding to the players’ bench. A minor penalty plus a ten-minute misconduct penalty shall be assessed to a goalkeeper who receives equipment illegally under this rule. Time served penalties shall be served by any player who was on the floor at the time of the infraction.