



JANUARY						
Sun	Mon	Tue	Wed	Thr	Fri	Sat
12 Open Cage 3:00 <i>Roy Morse</i>	13	14	15	16 Recruiting Meeting 5:30 <i>North County</i>	17	18
19	No School	21 Weight Room 3:15 <i>Bair</i>	22 Centralia CC Workout 4:00	23 Weight Room 3:15 <i>Foster</i>	24	25
26 Open Cage 2:00 <i>Roy Morse</i>	27 No School	28 Weight Room 3:15 <i>Bair</i>	29 Weight Room 3:15 <i>Scheff</i>	30 Weight Room 3:15 <i>Foster</i>	31	1
FEBRUARY						
Sun	Mon	Tue	Wed	Thr	Fri	Sat
2 Super Bowl Sunday <i>NYC</i>	3	4 Weight Room 3:15 <i>Bair</i>	5 Weight Room 3:15 <i>Scheff</i>	6 Weight Room 3:15 <i>Foster</i>	7	8
9 Open Cage 2:00 <i>Roy Morse</i>	10	11 Weight Room 3:15 <i>Bair</i>	12 Weight Room 3:15 <i>Scheff</i>	13 Weight Room 3:15 <i>Foster</i>	14	15
16 Open Cage 2:00 <i>Roy Morse</i>	17 No School	18 Weight Room 3:15 <i>Bair</i>	19 Weight Room 3:15 <i>Scheff</i>	20 Weight Room 3:15 <i>Foster</i>	21	22
23 Open Cage 2:00 <i>Roy Morse</i>	24	25 Weight Room 3:15 <i>Bair</i>	26 Weight Room 3:15 <i>Scheff</i>	27 Weight Room 3:15 <i>Foster</i>	28	1
MARCH						
Sun	Mon	Tue	Wed	Thr	Fri	Sat
2 Open Cage 2:00 <i>Roy Morse</i>	3 First Day of Practice 3:15	4	5	6	7	8 Red & White Game
9	10	11	12	13	14	15 Jamboree CRHS
16	17	18 KALAMA DH 3:00				

2013 TRICO CHAMPS



turn the page

