

## RELIEF KIT



**MCC is asking for donations of 20,000 relief kits as part of its response to the Haiti earthquake.** Thank you for joining this response. Relief kits provide valuable supplies to families traumatized by war and disasters. In recent years, kits have been sent to Iraq, Gaza, Bosnia, Serbia, Nepal, Mozambique, Indonesia and Honduras.

### Contents (NEW items only)

- 4 large bars bath soap (leave in wrapping)
- 1 plastic bottle shampoo (380-710ml / 13-24oz; place bottle in a re-sealable plastic bag)
- 4 large bars of laundry soap (Some stores carry Fels Naptha, Sunlight or Zote brands; contact your local MCC warehouse with questions)
- 1 squeeze-tube toothpaste (minimum 130ml / 6oz; leave in box)
- 4 adult-size toothbrushes (leave in packaging)
- 4 new bath towels (medium weight, dark or bright colors)
- 2 wide-tooth combs(6 to 8in / 15 to 20cm)
- 1 fingernail clipper
- 1 box adhesive bandages (minimum 40, assorted)
- 1 package sanitary pads (18-24 thin maxi)

Place contents in a box or bag and deliver to one of the drop-off locations in Canada or the U.S. The kit will be re-packed in a new 5-gallon plastic pail with lid.

## COMFORTERS AND BLANKETS



MCC is asking for donations of 10,000 heavy comforters and 10,000 flat sheets as part of its response to the Haiti earthquake. Sheets will be used as bedding and mosquito netting. (MCC is asking for heavy comforters rather than blankets for the Haiti response.) Thank you for joining this effort. MCC sends comforters and blankets to hospitals, refugee camps, orphanages, and locations experiencing disasters. In the last several years, shipments were sent to Afghanistan, Bosnia, Haiti, Honduras, Iran, Iraq, Kazakhstan, North Korea, Palestine, Russia, Serbia, Sudan and Ukraine.

### Comforter specifications

- Use new or nearly new material
- Single/twin-size preferred (approx. 152cm x 203 cm / 60in x 80in) Double/full-size accepted (approx. 208cm x 228cm / 82in x 90in)
- Winter weight preferred (please use quilt batting)  
Light weight to medium weight also accepted
- Knotted with crochet cotton (not more than 10-15cm / 4-8in apart)
- *Get children involved: use fabric markers or fabric crayons to draw pictures on blank muslin or solid fabric comforter tops*

### Sheets

- NEW flat sheets (**For Haiti, please use double, queen or king-size sheets in light colors. Sheets will also be used as mosquito netting and light colors are less attractive to mosquitoes.**)

Note: While MCC also uses purchased blankets in some responses, **heavy comforters are needed for Haiti.**

Drop off completed comforters at one of the drop-off locations in Canada or the U.S.

# Soap, fabric, towels



MCC ships soap, fabric and towels to people across the world.

## Soap

MCC provides soap to hospitals, orphanages and refugee camps in countries where soap is expensive or difficult to obtain locally. People in countries such as Afghanistan, Bosnia, Haiti, Nicaragua, Serbia, Russia and Ukraine have received soap from MCC.

## Fabric

Bolts of new cloth are frequently requested where fabric is expensive or hard to obtain. These bolts are often used to sew clothing for children. Recipients can also use full pieces of at least 1.8m / 2 yards long for quilt and comforter pieces.

## Towels

The versatility of towels makes them a frequently requested item. People in such places as Bosnia, Haiti, Liberia, Nicaragua, Serbia and Ukraine have received towels from MCC.

## Soap specifications

- **New bars of soap**  
All sizes and kinds of soap are acceptable. Please leave the wrappers on.
- **Homemade laundry soap**  
Soap blocks about 5cm x 10cm / 2in x 4in (should be dry before delivering to a material resource center)

## Fabric specifications

- Suggested fabrics include twill, cotton, cotton blends, wool and corduroy.
- Print, plaid or solid are all acceptable.
- Please no 100% polyester.

## Towel specifications

- NEW bath and hand towels (Good quality, dark-colored, medium weight preferred)
- Note: **Fingertip towels and washcloths are *not* needed.**

Drop off soap, fabric or towels at one of the drop-off locations in Canada or the U.S.

## SEWING KIT



Sewing kits provide basic tools to make and mend clothing. These tools will be used often and must be of good quality. People in such countries as Bosnia, Haiti, Liberia, Nicaragua, Russia, Serbia and Ukraine receive sewing kits from MCC.

### Contents (NEW items only)

- 1 metric tape measure
- 2 spools dual use white thread (cotton/polyester, minimum 273m / 300 yards each)
- 2 spools dual use black thread (cotton/polyester, minimum 273m / 300 yards each)
- 1 thimble (medium size)
- 1 dressmaker's scissors (good quality)
- 1 pkg. needles (approx. 25)
- 1 pkg. straight pins (approx. 100)
- 1 pkg. hooks and eyes (approx. 12)
- 1 pkg. sew on snaps (approx. 20-25)
- 10 assorted safety pins

Sewing kits are distributed in a useful double drawstring cloth bag (28cm x 40.6cm / 11in x 16in). You may sew the bag yourself (instructions), request bags from an MCC collection center, or donate contents that we will place in a bag.

Drop off completed sewing kits at one of the drop-off locations in Canada or the U.S.

## NEWBORN KITS



MCC distributes newborn kits to hospitals, clinics and refugee camps. Newborn kits are sent to assist mothers in giving their children a good start in Bosnia, Haiti, Honduras, Nicaragua, North Korea, Serbia, Russia and Ukraine.

### Contents (NEW items only, size 3-9 months)

- 2 gowns/sleepers (flannel or similar warm, soft material)
- 2 undershirts/onesies (short or long sleeves)
- 4 cloth diapers (flat-fold preferred)
- 1 receiving blanket (light weight fleece or flannel; minimum 92cm / 36 in)
- 4 safety pins (5cm / 2in)
- 1 large bar mild soap (leave in wrapper)
- 1 pair of socks
- 1 cap
- Remove packaging material (except soap) and fold into the receiving blanket. Fasten together with the safety pins.
- Contact your local MCC warehouse/activity center for a new design for hand-sewn gowns.
- Note: Items can either be purchased or hand sewn. Packages of precut materials are available from some MCC offices.

Drop off completed newborn kits at one of the drop-off locations in Canada or the U.S.

[www.mcc.org](http://www.mcc.org)