

Tri-City Thunder Baseball

Starting September 8th we will be starting our Midget AAA College Prep fall program which will include 12-16 games total and 2/3 practices a week. We start our weight-training program as well the following week. The cost is $250/player, which will include the following:

* 12-16 exhibition games
* BC Minor Fall Tournament (Sept 28-30, in Richmond)
* Practice Jersey
* Flex Fit Hat
* 2/3 practices/week
* Introductory weight training program 1/2 session per week
* Possible selection to the BLE Kamloops tournament

This will take us to the end of October, when we will start our winter training program.

To register or for inquiries please e-mail J.J. Hyde at [jhyde@sd43.bc.ca](mailto:jhyde@sd43.bc.ca)

J.J. Hyde

Head Coach, Tri-City Thunder College Prep Baseball