

# Volleyball Information and Rules

- Only six (6) players on the court at one time.
- All players must rotate in a clockwise manner every time their team gets the serve back.
- A player can not touch the net or go over the middle line at any time during the game. The other team will receive serve and a point
- The ball is “in” if it touches any part of the line.
- Servers must not step on or over the end line while serving. Doing so will result in the other team receiving a point and the serve.
- Players can not catch and throw the ball.
- Any contact below the waist line the players hands must be closed or they will be called for a lift.
- Blocking a serve is illegal.
- Players must sub in front of the 10-foot line.
- 3 hits are allowed on each side, but no more than 3; and a team can hit the ball less than 3 times per side.
- A game consists of 25 points, and you must win by 2.
- A match consists of 3 games to 25 points. The team who wins 2 out of 3 games wins the match.

## Volleyball Vocabulary

<b><u>Word</u></b>	<b><u>Definition</u></b>
<b>Attack</b>	The offensive action of hitting the ball, also called spike.
<b>Kill</b>	A ball that was attacked and couldn't be returned.
<b>Dig</b>	Passing a spiked or topspin hit ball.
<b>Pass</b>	The first of three offensive side contacts which can be overhead or forearm.
<b>Serve</b>	Initial contact between a ball and player to begin play.
<b>Set</b>	A pass that is positioned for a hitter for a spike or tip.
<b>Target</b>	A desired area of the court or a specific player toward which the ball is directed.
<b>Block</b>	A defensive play above the net by one or more players, which attempts to intercept or channel a spiked ball.
<b>End-line</b>	The line at the end of the court.
<b>Setter</b>	The second passer whose job it is to give a hittable overhead or underhand pass to a hitter.
<b>10-Foot Line (Attack Line)</b>	A line 3m from the net that separates the front row players from the back row players.
<b>Rotate</b>	To move to the next position on the floor in a clockwise manner