

2022 5A/6A/7A Section 1 at USA track- HOSTED BY MCGILL-TOOLEN

Friday April 29 & Saturday April 30

Entry Deadline : 4/25/22. midnight

Entry Fee: \$100 per boys team and \$100 per girls team. \$20 per individual for four or less entries. Checks can be made payable to "Mctspikes"

Admission: \$7 per person per day on "GoFan"

Awards: • Team Trophies – 1st & 2nd Place Girls and Boys. There will be NO medals as per the spring book.

T-Shirts: sectional 2022 t-shirts and tanks will be available for purchase for 25\$

Dressing: There will be no dressing rooms or showers; however, restrooms will be available.

Concessions: There will be a full concession stand and/or vendor(s) present at the meet. Yes, we will have chicken legs again.

In order to provide coaches and athletes with a championship environment, these guidelines will apply:

1. A rolling time schedule will be used. Athletes must report and check in on time.
 1. Spike check will be located on the north side of the track next to the clerk of course.
 2. ALL events and relays will be conducted per the spring book.
 3. Horizontal jumps and throws will have 3 attempts in the prelims. 9 advance to the finals for an additional 3 attempts. Marks from the prelims carry over for scoring.
 4. Athletes must adhere to all AHSAA rules.
 5. Christmas tree and needle spikes are prohibited. 1/4" Pyramid "Cone shape" ONLY!
 6. Javelin approach will be on GRASS on the south side of the track. Athletes may wear cleats as desired.
 7. Mitchell Center Drive will be CLOSED to meet traffic. Use Entrance 3 (Jaguar Blvd), take first right on Gamma Connector and park or drop off in lot 303 just north of the track complex (see attached map).
 8. Please ensure that your athletes DO NOT JUMP OVER FENCES at the meet. That type of behavior may result in being asked to leave. We are guests and we WILL adhere to the facility rules.

Schedule (rolling schedule)

Friday April 29th

11:00am

4x100m Relay Final

1600m Final

400m Final

100m/110m Hurdles Prelims

100m Prelims

4x800m Relay Final

200m Prelims

Saturday April is 30th

10:00am

3200m Final

100m/110m Hurdles Final

100m Final

300m Hurdle Final

200m Final

800m Final

4x400m Relay Final

FIELD EVENTS

Friday April 29th

11:00 am

5A Boys & 5A Girls SP

6A Boys DT

5A Girls JAV

5A Boys HJ

5A & 7A Girls PV

6A Boys LJ

5A Girls TJ

1:00pm
6A Girls & 7A Girls SP
5A Girls DT
5A Boys JAV
6A Girls HJ
5A Boys LJ
5A/6A/7A Boys PV
7A Girls TJ

3:00pm
6A Boys & 7A Boys SP
6A Boys TJ
7A Girls LJ
7A Girls DT
7A BOYS JAV
6A GIRLS PV
7A BOYS HJ

Saturday April 30th

9:00am
6A Girls DT
6A Boys JAV
5A Girls HJ
6A Girls LJ
5A Boys TJ

11:00am
6A Girls JAV
5A Girls LJ
7A Boys TJ
7A Boys DT
7A Girls HJ

1:00pm
5A Boys DT
6A Boys HJ
7A Boys LJ
6A Girls TJ
7A Girls JAV

All throws and horizontal jumps will be measured. Top 9 will be taken to finals for an additional three throws/jumps.

Opening height in Pole Vault and High Jump will start one height below minimum qualifying height.

Sectional information along with minimum qualifying standards can be found in the AHSAA 2020-2021 Spring Sports Book:

<https://www.ahsaa.com/Portals/0/Publications/2021-2022/86654%20text%20Track%20and%20Field.pdf?ver=7RcF5fUzBjnU7fZqYUeaiw%3d%3d×tamp=1642619384661>

State Qualifying Standards

After section meets are completed, qualifying standards are applied to determine qualifiers for the state meet.

HIGH JUMP

7A Boys: 5'8"	(Both boys and girls Advance 2" until only one participant is left, then advance by agreement	7A Girls 4'8"
6A Boys: 5'8"	(Advance same as 7A)	6A Girls 4'6"
5A Boys: 5'6"	(Advance same as 7A)	5A Girls 4'4"
4A Boys 5'4"	(Advance same as 7A)	4A Girls 4'2"
1A-3A Boys 5'4"	(Advance same as 7A)	1A-3A Girls 4'2"

POLE VAULT

7A Boys: 11' 6"	(Both boys and girls Advance 6" until only 2 participants left, then advance 3" until one participant)	1-7A Girls 8'6"
6A Boys: 10'6"	(Advance same as 7A)	6A Girls 7'6"
5A Boys: 10'	(Advance same as 7A)	5A Girls 7'6"
4A Boys 9'	(Advance same as 7A)	4A Girls 7'
1A-3A Boys 9'	(Advance same as 7A)	1A-3A Girls 7'

Class	<u>Javelin</u>		<u>Discus</u>		<u>Triple Jump</u>		<u>Long Jump</u>		<u>Shot Put</u>	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
1A	65'	115'	65'	90'	26'	34'	13'	17'	26'	34'
2A	65'	115'	65'	90'	26'	34'	13'	17'	26'	34'
3A	65'	120'	65'	95'	26'	35'	13'	17'	26'	36'
4A	75'	125'	70'	100'	27'	37'	13'6"	18'	27'	38'
5A	75'	125'	70'	105'	29'	37'	14'	18'	27'	39'
6A	85'	130'	80'	115'	29'	40'	15'	19'	29'	40'
7A	85'	130'	80'	115'	29'	40'	15'	19'	29'	40'

RUNNING EVENTS

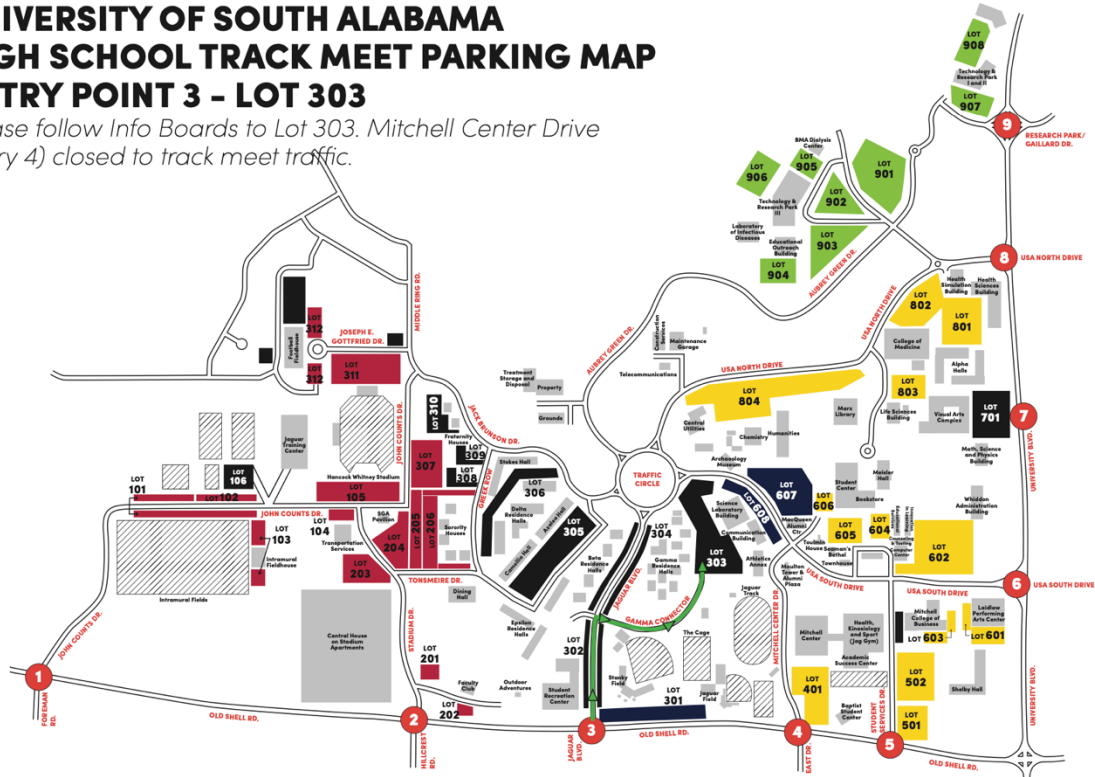
Class	<u>300 Hurdles</u>		<u>400 Meters</u>		<u>800 Meters</u>		<u>1600 Meters</u>		<u>3200 Meters</u>	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
1A	60.00	52.00	72.00	60.00	2:55	2:25	6:40	5:45	14:00	12:00
2A	60.00	52.00	72.00	60.00	2:55	2:25	6:40	5:45	14:00	12:00
3A	60.00	52.00	72.00	60.00	2:55	2:25	6:30	5:30	14:00	12:00
4A	55.00	50.00	68.00	55.00	2:55	2:20	6:30	5:15	14:00	11:45
5A	55.00	48.00	65.00	54.00	2:40	2:15	6:30	5:00	13:15	11:30
6A	53.00	45.00	62.00	53.00	2:35	2:10	6:15	4:50	13:00	10:40
7A	53.00	45.00	62.00	53.00	2:30	2:05	5:45	4:45	12:45	10:30

RELAY EVENTS

Class	<u>4 x 400 Meter Relay</u>		<u>4 x 800 Meter Relay</u>	
	Girls	Boys	Girls	Boys
1A	4:50	4:00	12:30	10:15
2A	4:50	4:00	12:30	10:15
3A	4:50	4:00	12:30	10:15
4A	4:50	4:00	12:15	10:00
5A	4:50	3:50	12:00	9:35
6A	4:45	3:40	11:00	9:00
7A	4:40	3:40	10:45	8:50

UNIVERSITY OF SOUTH ALABAMA HIGH SCHOOL TRACK MEET PARKING MAP ENTRY POINT 3 - LOT 303

Please follow Info Boards to Lot 303. Mitchell Center Drive
(Entry 4) closed to track meet traffic.







AHSAA

TRACK & FIELD

SECTIONAL CHAMPIONSHIPS



TEE-\$25 TANKS-\$25

AHSAA.TEAMIP.COM