McEwen High School will host their 12th annual volleyball clinic on July 11, 12, and 13 from 2:00-4:30 in the old gym at McEwen High School. This clinic will focus on the following fundamentals of volleyball: Hitting, Passing, Serving, Setting, Attack Approach, Arm Swing, Agility, some light weight training, and some light core training, . It will be conducted by the MHS coaching staff and players and is open for girls grades 3-8. The cost is $50.00 which includes a camp shirt. Please make checks payable to MHS Volleyball and return to McEwen High School or mail to Gary Moore 2938 Hwy 48 South Dickson, TN 37055. Drinks and snacks will be available. Dress appropriately. If you have any questions, call or text 931-622-0821 or email [mooreg@hcss.org](mailto:mooreg@hcss.org).

I give \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ permission to participate in the MHS Volleyball fundamental clinic. I understand that McEwen School cannot be held responsible for injuries that may occur during this event.

Parent signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Shirt Size\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_